



Date \_\_\_\_\_

Name \_\_\_\_\_

UR number \_\_\_\_\_

### ❖ Cool compressing = moisturiser + wet towel (+bath oil)

Apply to red itchy areas \_\_\_\_\_ times  
a day for 5–10 minutes. Apply moisturiser  
before and after compressing.

### ❖ Wet dressings = creams + wet towels (+bath oil) + crepe bandages

Apply wet dressings \_\_\_\_\_  
times a day for \_\_\_\_\_  
weeks. Remember do not  
leave on dry unless the child  
is sleeping. Apply a wet T-shirt  
to the trunk if red, hot or itchy.

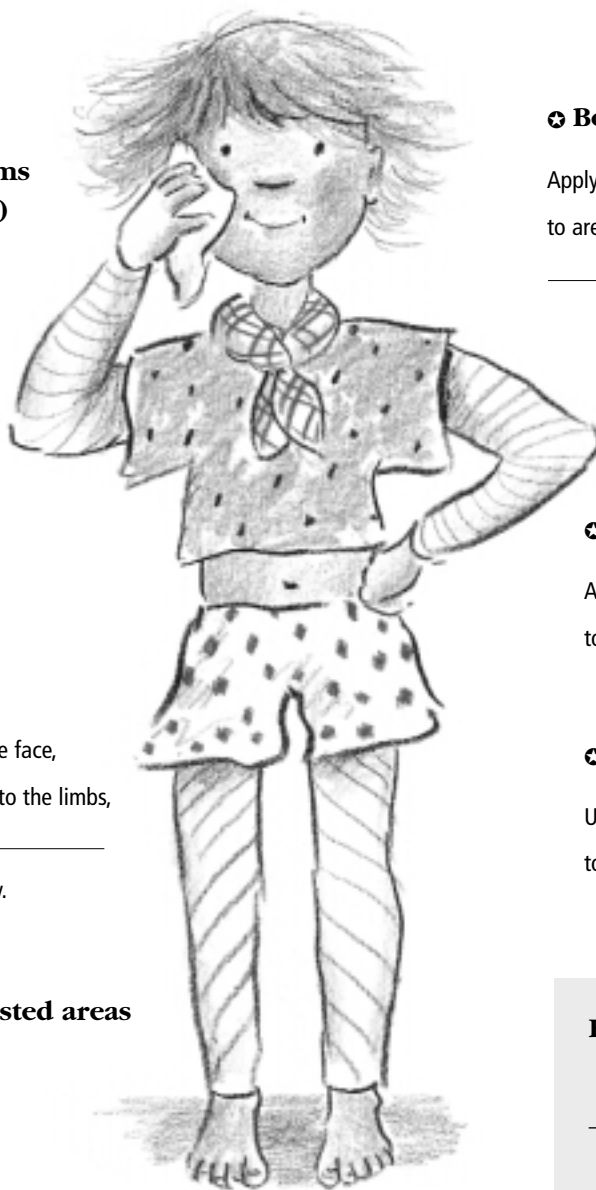
### ❖ Moisturiser

Apply \_\_\_\_\_ to the face,  
apply \_\_\_\_\_ to the limbs,  
apply \_\_\_\_\_  
to the body \_\_\_\_\_ times a day.

### ❖ For weeping and crusted areas

1. Antibiotics may be required.
2. It is important to remove the  
crusts before applying creams.
3. Remove the crusts with a towel soaked  
with \_\_\_\_\_  
every \_\_\_\_\_

Once weeping/crusts have been removed, then use  
your creams and cool compressing/wet dressing as above.



### ❖ Face steroid

Apply \_\_\_\_\_ to areas  
of eczema on the face \_\_\_\_\_ times a day,  
then apply the moisturiser.

### ❖ Body, legs and arms steroid

Apply \_\_\_\_\_  
to areas of eczema on the limbs and trunk  
\_\_\_\_\_ times a day, then apply the moisturiser.

### ❖ Bath oil

Add 1 capful of \_\_\_\_\_ bath oil  
to the bath every day.

### ❖ Antiseptic preparations

Use antiseptic preparations  
to the face, body and limbs daily.

### Extra instructions

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